



Recessive Carrier Full Gene Screen

Recessive Carrier Genetic Screening Test is a comprehensive preconception and prenatal carrier screening test. It provides physicians with information about the risks of inherited diseases of their patients' future children. The Recessive Carrier Genetic Screening Test follows the American College of Obstetricians and Gynecologists (ACOG) and American College of Medical Genetics (ACMG) recommendations, and using the most advance Next Generation Sequencing (NGS) technology to conduct full screening for more than 173 recessive genetic diseases.

This screening is test is for those who wish to understand their risks of passing the diseases to their children, Those with a family history of recessive disease may also benefit from the screening. It is also advisable for couples to do it together.



Common Recessive diseases at a glance

Fragile X Syndrome

Carrier rate: 1: 151 in females (general population)

Fragile X syndrome is a genetic condition that causes a range of developmental problems including learning disabilities and cognitive impairment. A condition is considered X-linked if the mutated gene that causes the disorder is located on the X chromosome. In males (who have only one X chromosome), a mutation in the only copy of a gene in each cell causes the disorder. In most cases, males experience more severe symptoms of the disorder than females.

Affected individuals usually have delayed development of speech and language by age 2. Most males with fragile X syndrome have mild to moderate intellectual disability, while about one-third of affected females are intellectually disabled. Children with fragile X syndrome may also have anxiety and hyperactive behavior such as fidgeting or impulsive actions. They may have attention deficit disorder (ADD), which includes an impaired ability to maintain attention and difficulty focusing on specific tasks. About one-third of individuals with fragile X syndrome have features of autism spectrum disorders that affect communication and social interaction. Fragile X syndrome is inherited in an X-linked dominant pattern.

UNDERSTANDING CARRIER STATUS

- Each person has two copies of the genetic materials, one copy inherited from each parent.
- Many genetic diseases are recessive, meaning the disease is caused by inheriting a mutation at the same DNA location from both parents.
- If a parent carries a mutation in one of the two copies of the DNA, he/she is a carrier of the genetic disease.
- A disease carrier is unlikely to have any symptoms, however if the both parents are carriers, the child will have a 25% chance of inheriting both copies of the mutation, thus leading to the development of the genetic disease.



Spinal Muscular Atropy Carrier rate 1:47 – 72

Spinal muscular atrophy (SMA) is a genetic disease that results in progressive muscle weakness and paralysis. The condition occurs in 1 in 10,000 live births and affects both males and females.

There are three types of SMA. The most severe type is usually diagnosed within the first few months of life. Affected children have severe muscle weakness and typically do not survive past the age of 2.

The other two types of SMA, which are less common than the severe type, involve a lesser degree of muscle weakness. Most affected individuals need to use wheelchairs or need assistance with walking. Life expectancy for the less severe types ranges from the teenage years to adulthood. Those with the mildest form of SMA are expected to have a normal lifespan.

Pendred syndrome

Carrier rate: 1:50 (Chinese)

It is a disorder typically associated with hearing loss and a thyroid condition called a goiter. If a goiter develops in a person with Pendred syndrome, it usually forms between late childhood and early adulthood. In most people with Pendred syndrome, severe to profound hearing loss caused by changes in the inner ear (sensorineural hearing loss) is evident at birth.

Carrier rate: 1:53 (Chinese)

It is an inherited disorder that increases the levels of a substance called phenylalanine in the blood. The signs and symptoms of PKU vary from mild to severe. The most severe form of this disorder is known as classic PKU. Infants with classic PKU appear normal until they are a few months old. Without treatment, these children develop permanent intellectual disability. Seizures, delayed development, behavioral problems, and psychiatric disorders are also common.

Smith-Lemli-Opitz syndrome

Carrier rate: 1: 68 (General population)

It is a developmental disorder that affects many parts of the body. This condition is characterized by distinctive facial features, small head size (microcephaly), intellectual disability or learning problems, and behavioral problems. Many affected children have the characteristic features of autism, a developmental condition that affects communication and social interaction. The signs and symptoms of Smith-Lemli-Opitz syndrome vary widely. Mildly affected individuals may have only minor physical abnormalities with learning and behavioral problems. Severe cases can be life-threatening and involve profound intellectual disability and major physical abnormalities.

Wilson's disease

Carrier rate: 1:90 (Asian)

Wilson disease is an inherited disorder in which excessive amounts of copper accumulate in the body, particularly in the liver, brain, and eyes. Symptoms are typically related to the brain and liver. Liver related symptoms include vomiting, weakness, fluid build up in the abdomen, swelling of the legs, yellowish skin, and itchiness. Brain related symptoms include tremors, muscle stiffness, trouble speaking, personality changes, anxiety, and seeing or hearing things that others do not. Most people with Wilson's disease are diagnosed between the ages of 5 and 35, but it can affect younger and older people, as well.

Beta - Thalassemia

Carrier rate: 1: 100 (Chinese)

Thalassemia encompasses a varied group of inherited blood disorders, including some that are relatively mild and others that may cause severe anemia and other serious problems. The signs and symptoms of thalassemia major appear within the first 2 years of life. Children develop life-threatening anemia. They do not gain weight and grow at the expected rate (failure to thrive) and may develop yellowing of the skin and whites of the eyes (jaundice).

隱性遺傳病帶病者全基因檢測項目(>173疾病)

4C Recessive Disease Carrier Status Full gene screening (>171 diseases)

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17-beta-hydroxysteroid dehydrogenase X deficiency

2-methylbutyryl-CoA Dehydrogenase Deficiency

3-hydroxyacyl-CoA dehydrogenase deficiency

3-Methylcrotonyl-CoA carboxylase 1 deficiency

(MCC1D)

3-Methylcrotonyl-CoA carboxylase 2 deficiency (MCC2D)

3-methylglutaconic aciduria type I (MCGA1)

3-methylglutaconic aciduria, type III

3-methylglutaconic aciduria, type V

Adrenoleukodystrophy Hb EE

Alpha-methylacetoacetic aciduria (3-ketothialase deficiency)

Argininemia (Arginase Deficiency)

Arginosuccinic Aciduria

Ault-onset citrullinemia Type II

Autosomal dominant deafness Type 3A

Autosomal dominant deafness Type IIB

Autosomal dominant deafness Type IIIB Autosomal dominant persistent

hypermethioninemia due to methionine

adenosyltransferase I/III deficiency

Autosomal recessive deafness

Autosomal recessive deafness Type 1A

Hb H (3 gene deletion)

Hb Barts

Hb C disease (Hb CC)

Hb C/ Beta° thalassemia

Hb C/Beta⁺ thalassemia Hb D disease (Hb DD)

Hb D/ Beta° thalassemia

Hb D/Beta[†] thalassemia

Hb E/Beta⁺ thalassemia Hb E/Beta⁺ thalassemia

Hb H/Constant Spring disease

Hb S/ Beta° thalassemia

Hb S/Beta+ thalassemia

Hb Variant/ Beta° thalassemia

Hb Variant/Beta⁺ thalassemia Hb variants/Alpha thalassemia

Hemolytic anemia due to G6PD deficiency

Hepatic carnitine palmitoyl transferase deficiency Type I

Hepatic carnitine palmitoyl transferase deficiency Type II

Autosomal recessive deafness Type IB

Autosomal recessive deafness type IV

Autosomal recessive Methionine adenosyltransferase deficiency

Barth Syndrome

Bart-Pumphrey Syndrome

Beta thalassemia major

BH4-deficient Hyperphenylalaninemia A

BH4-deficient Hyperphenylalaninemia B BH4-deficient Hyperphenylal-

aninemia C

BH4-deficient Hyperphenylalaninemia D

Hereditary persistence of fetal hemoglobin

Hex A pseudodeficiency

HMG-CoA Lyase Deficiency

Holocarboxylase synthetase deficiency

Homocystinuria due to MTHFR deficiency

Homocystinuria, B6-responsive and nonresponsive types

Hyperhomocysteinemic thrombosis

Hypermethioninemia with deficiency of S-adenosylhomocysteine

hydrolase

Hystrix-like ichthyosis with deafness

Isobutyryl-CoA dehydrogenase deficiency

Biotinidase deficiency

Bloom Syndrome

Canavan disease

Carnitine-acylcarnitine translocase (CACT) deficiency

 $cbl\ E\ complementation\ type\ homocystinuria\text{-}megaloblastic\ anemia$

cbl G complementation type homocystinuria-megaloblastic anemia

cblB complement type Vitamin B-12 responsive methylmalonic aciduria

(due to defect in synthesis of adenosylcobalamin)

cblD complement type homocystinuria (Variant 1)

cblD complement type homocystinuria (Variant 2)

cblD complement type Methylmalonic aciduria and homocystinuria

Isovaleric acidemia

Keratitis ichthyosis deafness syndrome

Krabbe disease

LCHAD deficiency

Lethal neonatal CPT2 deficiency

Malonyl-CoA decarboxylase deficiency

Maple syrup urine disease type Π

Maple syrup urine disease, type Ia

Maple syrup urine disease, type Ib

MCAD Deficiency

cblJ Type Methylmalonic aciduria and homocystinuria

Citrullinemia

Clouston type ectodermal dysplasia Type II Cogenital bilateral absence of the vas deferens (CVAD)

Combined malonic and methylmalonic aciduria

Congenital Adrenal Hyperplasia due to 21-hydroxylase deficiency

Congenital hypothyroidism due to thyroid dysgenesis or hypoplasia

Congenital nongoitrous hypothyroidism 1

Congenital nongoitrous hypothyroidism 4

Congenital nongoitrous hypothyroidism 6

Mental retardation X-linked syndromic 10 (MRXS10)

Methylmalonic aciduria and homocystinuria, cblC type

Methylmalonic aciduria due to Methylmalonyl-CoA Mutase deficiency

Methylmalonic aciduria due to transcobalamin receptor defect

Methylmalonyl-CoA epimerase deficiency

Mucolipidosis IV

Mucopolysaccharidosis Ih

Mucopolysaccharidosis Ih/s

Mucopolysaccharidosis Is

Neonatal hypertrypsinemia

隱性遺傳病帶病者全基因檢測項目(>171疾病)(續...)

Appendix 4C Recessive Disease Carrier Status Full gene screening (>171 diseases) (con't)

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Mucopolysaccharidosis Is

Neonatal hypertrypsinemia

CPT2 deficiency associated myopathy

Cystic Fibrosis

Digenic deafness GJB2/GJB3

Digenic GJB2/GJB6 deafness Dihydrolipoamide dehydrogenase

deficiency DOPA-responsive dystonia (with or without

hyperphenylalaninemia)

Erythrokeratodermia variabilis et progressiva

Fabry disease

Familial dilated cardiomyopathy Familial dysautonomia

Neonatal onset citrullinemia Type II

Niemann-Pick disease, type A

Niemann-Pick disease, type B

Niemann-Pick disease, type C1

Niemann-pick disease, type C2

Niemann-Pick disease, type D

Nonautoimmune hyperthyroidism

Non-classic hyperandrogenism due to 21-hydroxylase deficiency

Non-PKU hyperphenylalanemia

Optic atrophy 3 with cataract

Familial gestational hyperthyroidism

Familial hyperinsulinemic hypoglycemia type 4

Favism

Galactokinase deficiency with cataracts

Galactose epimerase deficiency Galactosemia

Gaucher disease Type I

Gaucher disease Type II

Gaucher disease Type III

Gaucher disease Type IIIC

Ornithine transcarbamylase deficiency

Palmoplantar keratoderma with deafness

Partial adenosine deaminase deficiency

Pendred syndrome

Perinatal lethal Gaucher disease

Phenylketonuria

Propionicacidemia

Severe combined immunodeficiency (SCID) due to adenosine deaminase

Susceptibility to acute-infection induced encephalopathy

Susceptibility to autoimmune thyroid disease Type III

deficiency (ADAD)

Sickle cell anemia (S/S)

Sickle cell disease variants

Sickle hemoglobin C disease

Sickle hemoglobin D disease

Sickle hemoglobin E disease

Glutaric acidemia IIA

Glutaric acidemia IIB

Glutaric acidemia IIC

Glutaric aciduria Type I

Glycine N-methyltransferase deficiency

Glycogen storage disease Ia Glycogen storage disease II

GM2-gangliosidosis

Hawkinsinuria

Systemic primary carnitine deficiency Tay-Sachs disease

Thryoid dyshormonogenesis 6

Thyroid dyshormonogenesis 1

Fragile X Syndrome

Spinal Muscular Atrophy

Vitamin B-12 responsive methylmalonic aciduria

VLCAD deficiency

Vohwinkel syndrome

X-linked mental retardation with methylmalonic acidemia and

homocysteinemia

X-linked severe combined immunodeficiency (SCID)

Thyroid dyshormonogenesis 2A

Thyroid dyshormonogenesis 3

Thyroid hormone resistance

Transcobalamin II deficiency
Trifunctional protein deficiency

Tyrosinemia, type I

Tyrosinemia, type II

Tyrosinemia, type III





